

## RESOURCES & REFERENCE MATERIALS

(All books & WEB sites referenced below are available in the Resources Section of the BHC Development WEB site)

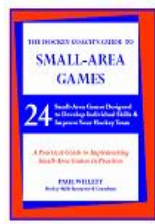
- **Parent & Player Issues**  
Coaches should utilize their Level Directors as their first line resource during the season for player and parent. If this does not prove to be effective, the issue should be escalated to the Development VP. The names and contact information of the Level Director and the Development VP can be found on the BHC web site.
- **Player Development**  
Coaches should utilize their Level Directors and A Level Coach for questions and support concerning player development, both on ice and off ice. Coaches are **STRONGLY** encouraged to attend the A coaches practices OR invite the Level Director and/or A Level Coach at their practices in-order to maximize their knowledge of player development. .
- **Flexx Coach**
  - The BHC has provided a License to flexxCOACH to all head coaches. This is an awesome planning tool and it is expected that coaches will utilize it significantly in planning their practice programs. Please contact our ACE & HEP coordinators if you have any questions on flexxCOACH.



- **District 6, Minnesota & USA Hockey Web Sites**
  - Instructional materials, videos and references located at the following sites



- **The Hockey Coaches Guide to Small Area Games (Paul Willett)**
  - This guide will take a look at the what's, why's and how's of small area games as well as provide you with 24 different games that you can begin to use in your practices today. Make the paradigm shift. Your players will thank you for it!!!

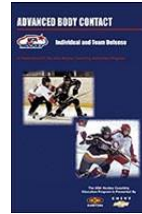
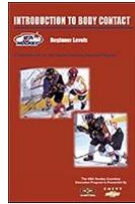


- The following works by Jack Blatherwick.
  - THE ULTIMATE BOOK AND WEB SITE for improving Skating Skill

Over-speed Skill Training for Hockey



- The following books on Checking & Body Contact



- The following USA Hockey manuals for MITE/U8 Development



[Practice Plan Manual for Mites and U8](#)



[Program Overview](#) [Lesson A](#) [Lesson B](#) [Lesson C](#) [Lesson D](#)

- The following USA Hockey manuals for Squirt/U10 Development



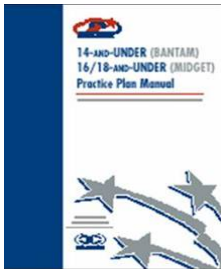
[Practice Plan Manual for Squirts and U10](#)

- The following USA Hockey manuals for Pee Wee/U12 Development



[Practice Plan Manual for Pee Wees and U12](#)

- The following USA Hockey manuals for Bantam/U14 Development



[Practice Plan Manual for Bantam & U14](#)

- The following is a suggested template for conducting parent meetings at the start of the year.
  1. Head Coach and Assistant Coach Introductions
  2. Coaching Philosophy
  3. Team Objectives
  4. Player Ice Time Policy
  5. Team Manger
  6. Player Rules & Responsibilities
    - BHC and coaches written expectations of players (Code of Conduct)
    - BHC and coaches written expectations of parents (Code of Conduct)
  7. Tournaments/Out-of-Town Trips
  8. Parent/Player Roster (names, addresses, phone numbers)
  9. Use of WEB site.
  10. Academic recognition
  11. Volunteer Sign Up
  12. Parent Introduction
- The following is a list of additional material that you may find valuable in the development of your own and your players hockey experience.
  - So, You Want to Play in the NHL, A Guide for Players, Dan & Jay Bylsma, Contemporary Books, 1970.
  - So, Your Son Wants to Play in the NHL (Parents Version), Dan & Jay Bylsma, Sleeping Bear Press, 1998
  - Straight Talk about Children and Sports by Janet LeBlanc and Louise Dickson, 1996, Coaching Association of Canada, Gloucester, Ontario HEP Manual- Sports and Your Child, Frank L. Smoll & Ronald E. Smith
  - HEP Manual- Coaches Who Never Lose, Frank L. Smoll & Ronald E. Smith
  - HEP Manual- Sports & Your Child, Frank L. Smoll & Ronald E. Smith